

5 Steps to Protecting Children From Sexual Abuse

1

LEARN THE FACTS

1 in 10 children are sexually abused before their 18th birthday. Over 90% of them know their abuser.

2

MINIMIZE OPPORTUNITY

Decrease the risk of abuse by eliminating or reducing isolated situations.

3

TALK ABOUT IT

Have age appropriate, open conversations about our bodies, sex, and boundaries.

4

RECOGNIZE THE SIGNS

Don't expect obvious signs of abuse. Signs are often there, but you have to know what to look for.

5

REACT RESPONSIBLY

Understand how to react to risky behavior, boundary violations, or suspicions, and when to make a report. Source: Darkness to Light

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